

## **Potential Risks and Limitations of Dental Treatment**

### **Dr. Mark White-Valley Dental Associates**

As a rule, excellent dental results can be achieved with informed and cooperative patients. Thus, the following information is routinely supplied to anyone considering dental treatment in our office recognizing the benefits of a pleasing smile and healthy teeth, you should also be aware that dental treatment, like any treatment of the body, has some inherent risks and limitations. These risks and limitations usually do not contra-indicate treatment but should be considered in making the decision to submit dental treatment. Perfection is our goal. However, in dealing with human beings, and problems of growth and development, the ravages of dental disease, genetics, and patient cooperation, achieving perfection is not always possible. Often a functionally and esthetically adequate result must be accepted. We will do everything within our capacity to ensure the best possible care.

Throughout life teeth are constantly changing. Periodic examinations should be made so any disease can be treated promptly. Frequent professional visits are the best insurance against serious dental disease. Decay or gum disease can occur if patients do not brush and floss their teeth properly and thoroughly. Excellent oral hygiene and plaque removal is a must. On rare occasions the nerve of a tooth may die and become infected. A tooth that has been damaged by deep decay, a minor blow or extensive dental treatment can die over a long period of time. An undetected non-vital tooth may flare up during any dental treatment and may require endodontics (root canal) treatment to maintain it. It may even have to be removed. There is also a risk that during or following treatment soreness or tenderness may occur in the temporomandibular joints (lower jaw joints). The total time for treatment can be delayed beyond our estimate. Treatment plans can change due to altered conditions which may surface during treatment. Decay which may appear small on x-ray, may be larger than anticipated resulting in much more extensive treatment.

#### **Informed Consent**

I understand that during treatment occasionally any of the above problems may occur. These can include but are not necessarily limited to pain, tooth mobility, tooth decay, nerve loss, tooth and/or jaw changes, and injury resulting from the use of high-speed dental equipment. I understand that treatment alternatives will be explained (including the consequences of no treatment) as well as the preferred method of treatment for my mouth. I understand that for a successful result and to lessen the dangers of complication, the following conditions are essential on my part: Excellent oral hygiene, proper diet controls, strict adherence to instructions and cooperation in keeping appointments. I understand that there is no warranty or guarantee to my result and/or care. I also understand that I can, at any time, ask for and receive a full recital of all possible risks related to my treatment.

In addition, I understand that treatment may be discontinued for patients who fail two appointments without prior notification: who are constantly late for their appointments: who continue to excessively cancel their appointments: who fail to practice acceptable oral hygiene: or who are uncooperative with team members.

**I have read and understood the above information.**

Name: \_\_\_\_\_

Date: \_\_\_\_\_